# Corona Virus Update

**Important!**

We are now in the **delay** phase of our response to COVID-19. This entails significant changes to how we identify and manage potential cases of COVID-19.

From today Hunmanby Surgery are currently only providing Telephone Consultations, if the GP's feel they need to see you they will arrange a Face to Face appointment accordingly

Please note that all appointments are for urgent consultations only. This is for safety reasons due to Covid-19.

**Appointments**

Please **DO NOT** call the surgery unless you need to. The surgery phone lines are experiencing an unprecedented high call volume. Please use the online 111 tools to try to self-manage any common conditions not associated with Covid-19.

**DO NOT** attend the surgery for any reason unless you have been advised to.

Online booking of appointments has been suspended on advice from NHS England. This is because we need to triage all appointments to mitigate the risks associated with potentially infected patients attending the Practice.

Keeping our staff and patients safe is our biggest priority.

Thank you

**Covid-19 Advice**

* From today the public are being advised to stay at home (self-isolate) without any testing for COVID-19, regardless of travel history or contact with confirmed cases, if they have:
	+ 1. a new continuous cough or
	+ 2. high temperature (of 37.8 degrees centigrade or higher)
* The geographic element of the case definition has now been removed. Travel and contact history are no longer important for diagnosis, which is on the basis of symptoms alone. If people who have travelled do not have symptoms they do not need to stay at home, regardless of their travel history.

**Individuals should stay at home (self-isolate) for 7 days from the onset of symptoms. However, if family members or people you live with have symptoms then you should self isolate for 14 days.**

If more serious symptoms develop that they cannot manage at home they should firstly use NHS 111 **online** (<https://111.nhs.uk/>).

People should only call NHS 111 if they cannot use the online 111 tool.

The symptoms of coronavirus are; a cough; shortness of breath; a high temperature. The symptoms are similar to other illnesses that are much more common such as cold and flu it does not necessarily mean you have the illness.