**Hunmanby Surgery Signpost Guide**

**PLEASE BE PREPARED TO GIVE THE RECEPTIONIST A BRIEF DESCRIPTION**

**SO THAT YOU ARE DIRECTED TO THE CORRECT HEALTHCARE PROFESSIONAL**

* **Coughs & colds**
* **Conjunctivitis for those over 1**
* **Some sore throats and earache**
* **Verruca’s, constipation, headlice**
* **Hay fever**
* **Mouth ulcers**
* **Dry skin, nappy rash insect bites and sunburn**

Have you had to wait for a GP appointment?

Some matters can be dealt with by another Healthcare professional

**Optician**

**Pharmacy**

* **All eye conditions should be seen by an optician first. They have the correct equipment for eye examinations**
* **You can see an optician for dry, red, sore and watery eyes and conjunctivitis**

**See your Dentist for any condition involving your teeth or mouth**

**Dentist**

* **For appointment requests or cancellations call 01723 890280 or register for online services or the NHS APP**
* **Results select option 2 or secretarial option 3**
* **Prescription requests cannot be taken over the phone.**

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**Reception**

* **pill checks & depo**
* **Ear syringing**
* **Adult vaccinations and flu**
* **Wound care**
* **Some minor injuries**
* **Chronic disease mgt**
* **Smoking cessation**

**Nurse**

* **loss of consciousness**
* **an acute confused state**
* **fits that aren't stopping**
* [**chest pain**](https://www.nhs.uk/conditions/chest-pain/)
* [**breathing difficulties**](https://www.nhs.uk/conditions/shortness-of-breath/)
* **severe bleeding that can't be stopped**
* [**severe allergic reactions**](https://www.nhs.uk/conditions/anaphylaxis/)
* **severe** [**burns or scalds**](https://www.nhs.uk/conditions/burns-and-scalds/)

Call 999 immediately if you or someone else is having a [heart attack](https://www.nhs.uk/conditions/heart-attack/) or [stroke](https://www.nhs.uk/conditions/stroke/). Every second counts with these conditions.

* **Serious life threatening emergencies**

**A&E**